



# COSTA RICA - MOUNTAINS TO SEA

8 DAYS + FROM \$3,799 + Small Groups of Never More than 16 Guests or Travel Privately

## Our Distinctive A+R Style

- + With the smallest groups in Costa Rica and our expert naturalist, our activity-filled itinerary reveals the region's natural wonders.
- + Tour a working coffee plantation to see firsthand the many steps involved to bring fine beans to your morning cup of coffee.
- + Experience the rich biodiversity of the rainforest from the shadowy forest floor to the dense canopy above.
- + Discover the tropical flora and wildlife of Manuel Antonio National Park and the estuaries surrounding Damas Island.

## OUR JOURNEY

### DAY 1 | *Welcome to San Jose*

On arrival, you'll be escorted to the stylish *Studio Hotel*. Enjoy a tour of the hotel's famed art collection, with works by many of Costa Rica's leading contemporary painters. Tonight you'll enjoy a welcome dinner. MEALS D

### DAY 2 | *Onward to Arenal*

Begin the day at the picturesque Doka Estate, a working coffee plantation where you will learn about and see firsthand the processes that bring their fine beans to your morning cup. Then continue to the *Arenal Kioro Hotel* where your spacious balcony suite offers a volcano view. You'll have

time to enjoy the soothing thermal waters of *Kioro's* hot springs before dining tonight at *Rancho Perla*.

MEALS B+L+D

### DAY 3 | *Canopy tour + farm-to-table dinner*

This morning's Sky Tram adventure through the canopy offers spectacular views of the lake and Arenal Volcano – and immerses you in the sights and sounds of the forest. Continue to Fortuna Waterfall for lunch and explore the charming town of La Fortuna. An in-depth farm tour takes you through their sustainable methods and crops, ending with a delicious farm-to-table dinner.

MEALS B+L+D





#### DAY 4 | **Onward to Monteverde**

Explore the rainforest along a network of hanging bridges that range in elevation from just 5 feet above the ground to more than 145 feet high over the forest floor. It's a fun and exciting way to observe and learn about the diversity of this tropical eco-system. Continue to the idyllic *Koora Hotel* and settle in to your private bungalow with captivating views of Monteverde's cool cloud forests.

MEALS B+L+D

#### DAY 5 | **Exploring a cloud forest**

This morning's guided walk reveals the amazing biodiversity of the cloud forest, including 2,000 plant species, 400 different types of birds and more than 1,000 species of reptiles and amphibians. Visit the Monteverde Orchid Garden. This evening, explore the natural world at the Monteverde Frog Pond, where the sights and sounds of over 30 species gives us intriguing insight into these colorful creatures. MEALS B+L+D

#### DAY 6 | **Macaws + Manuel Antonio**

Visit the Natuwa Macaw Sanctuary where you'll see a variety of endangered bird and mammal species. Enjoy a delightful lunch high on a hilltop overlooking the Pacific and then continue your journey to Manuel Antonio. Check in to 5-star *Parador Resort* where A+R guests enjoy Premium Guestrooms with breathtaking vistas of the surrounding forest and Pacific Ocean.

MEALS B+L+D

#### DAY 7 | **Manuel Antonio National Park**

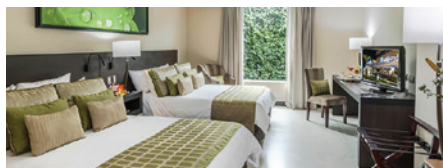
This morning's guided discovery deep in Costa Rica's finest national park offers a chance to see native species including sloths, iguanas, the rare squirrel monkey, diminutive red land crabs, and numerous tropical birds. In the afternoon, you'll set out with our expert naturalist by boat to explore the pristine estuaries and lush mangroves that surround Damas Island. Colorful birds, white-faced monkeys and a variety of amphibians and reptiles inhabit this pristine sanctuary. Tonight you'll dine at *Cafe Milagro*. MEALS B+L+D

#### DAY 8 | **Depart San Jose**

After breakfast, we'll take you to the airport in San Jose. MEALS B

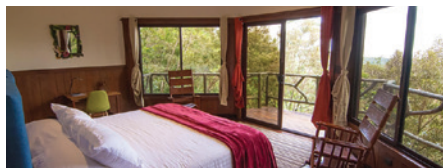


### Our Deluxe Hotels



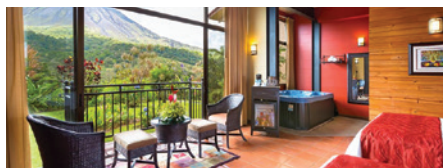
#### SAN JOSE - STUDIO HOTEL

Our 5-star boutique hotel boasts a wonderful location in the Costa Rican capital – convenient to the airport, dining and shopping.



#### MONTEVERDE - KOORA HOTEL

Our inviting eco-lodge offers a terrific location close to Monteverde's center and adjacent to the pristine forests of the Aguti Reserve.



#### ARENAL - ARENAL KIORO SUITES + SPA

An intimate deluxe resort with spacious guest rooms offering private terraces and en suite jacuzzis with majestic views of Arenal Volcano.



#### MANUELANTONIO - PARADOR RESORT + SPA

Our delightful 5-star resort is set on the top of a forested mountain – just five minutes from the beach and close to the National Park entrance.

8 DAYS FROM ~~\$4,299~~ \$3,799

OUR ORIGINAL JOURNEY **Value**

- + Complete program of excursions with our expert naturalist
- + 7 nights at our stylish hotels and resorts
- + 20 meals: 7 breakfasts, 6 lunches, and 7 dinners with wine or beer
- + All on-tour transportation and transfers
- + All luggage handling, hotel taxes, and fees
- + All gratuities are included except for your Trip Leader
- + Solo guests enjoy double-occupancy accommodations throughout

2023-2024 **Rates** LAND ONLY PER PERSON

Never More than 16 Guests

2023	DOUBLE	SOLO SUPPLEMENT
Jan 7, 21, Feb 4, 18, Mar 4, 18		
Apr 22, May 13, Jun 10, Jul 8		
Aug 5, Sep 2, Oct 7		
Nov 4, Dec 2	\$4,299	\$1,000
2024		
Jan 6, 20, Feb 3, 17, Mar 2, 16		
Apr 20, May 11, Jun 8		
Jul 6, Aug 3, Sep 7		
Oct 5, Nov 2, Dec 7	\$4,399	\$1,000

### Travel Privately Any Day

2023	DOUBLE	SOLO SUPPLEMENT
Jan - Dec	\$5,099	\$1,100
2024		
Jan - Dec	\$5,299	\$1,300

Save up to \$1,000 per couple | \$500 solo when you pay in full at time of booking

### Go on a Custom Journey

Explore the stunning natural wonder of Costa Rica on a private journey tailored by our travel experts to fit your style.